



Free to Dream

... thanks to YOUR support!

At 14 years old, Elizabeth* was faced with an impossible choice. Drop out of school because her grandmother could no longer afford to pay the fees to send her, or be used by men for sex in order to earn money for school. Her friends had already made the desperate choice to earn money in this way.

Elizabeth and her grandmother fled their home country of South Sudan because of the war when Elizabeth was only six years old, leaving her parents and siblings behind. They ended up living as refugees in Uganda, where girls in her community are at high risk of abuse and exploitation. They live in scarcity and fear, with very little hope.

Elizabeth dropped out of school and began being used by men for money. She hoped to one day return to school. "I cried so much during that time in my life," she said. "I would cry myself to sleep. I hated what was happening to me."

Elizabeth's friends who were also being exploited in this way tried to tell her everything would be ok, but Elizabeth was deeply suffering, living in darkness for years.

Then a new friend invited Elizabeth to church. For the first time, she heard there is a God who loves her, who cares about her pain, and who wants good things for her. Through the church she joined a She Is Safe Group where she experienced a loving, safe environment and a place to share her heart. She also learned about earning and saving money and became equipped with vocational and leadership skills. Now she is 18 years old with dreams for a new life.

"I no longer cry myself to sleep," she said. "My dream is to go back to school and become a doctor."

God sees the suffering and exploitation of girls like Elizabeth all over the world, and He also sees your heartbreak on their behalf. Your support is what brings His light to them in the midst of their darkness and transforms their stories. Thank you for impacting the thousands of vulnerable lives you have changed this year. You make these stories possible.

*She Is Safe uses representative names and photos to protect the dignity and security of those we serve.



INDONESIA

“My stepfather abused me, and I was powerless to stop him. I also suffered at school, where I was cruelly bullied. I ran away to a tourist city, where I began letting men use my body for money. I contracted a disease, and wanted to end my own life. I came to a Safe House, where I received mental health care and education. I was able to get treatment for my disease, which healed. My mentors at the Safe House have taught me about love and forgiveness. They have shared about how God has changed their lives, and now He is changing mine, too.”

— Indah, age 17

Thanks to you in Indonesia. . .

- **22 women and girls** were rescued from abuse, trafficking or prostitution.
- **47 women and girls** received care and training so they can focus on building better lives for themselves.
- **760 women in 70** She Is Safe Groups received access to group savings and developed emotional and financial resilience.
- **13,280 at-risk children and teenagers** were equipped with education, made safer from predators, and gained good nutrition.

MESSAGE FROM OUR FOUNDER

When I look into the eyes of girls in the places where we work, I see the light of God-given potential, though their dreams have been dashed.

Girls have been told that they are only worth what a man is willing to pay. This mindset leaves them vulnerable to all kinds of abuses, including human trafficking.

But you have helped thousands of girls take practical steps to build lives of freedom and faith. This **Life Change Annual Report** is a celebration of what your prayers and support have accomplished.

When you and I are fueled by God’s heart and join with the 322 local co-workers, we can dare to dream that girls can be free from abuse and slavery. We dream and sacrifice so that they can invest their potential in changing cultural norms that foster the selling of girls.

Please continue your support to build on the good work of the last 21 years. Together we can live out Isaiah 61 to set even more captives free.

For His Glory,



Michele M. Rickett
Founder & CEO

NEPAL

“I always wanted to learn how to read and write, but I never had the chance. I want my daughter to have a better life for herself than mine. I have also been living in fear that she will be sold and I’ll never see her again, because this happens to many girls in our community. Now there is a new teacher in our village, and it is clear she loves the children and cares for them. She also teaches the parents about health, safety and hygiene. We have learned about healthy meals to feed our children before they come to school. I am so grateful for her, and I am hopeful for my daughter’s future.”

—Namrata, Nepal



Through your support in Nepal. . .

- **37 women and girls** were equipped with vocational tailoring skills.
- **43 at-risk children and teenagers** were set on a path toward a brighter future through quality education and improved nutrition.



MIDDLE EAST

“I was depressed and hopeless because my husband was unable to work due to his health, and we had no money. We struggled to afford food or the medicine my husband needed. I didn’t know how we were going to survive. Then my friend invited me to join a She Is Safe Group. In this group I learned about health, savings and lending, and the wisdom of God. Now I feel God’s hand on me, and He gives me peace, serenity and confidence. I prayed for my husband, and now he is healed. He was able to go back to work, but in addition to his income, I had already begun saving and generating an income due to what I learned in my She Is Safe Group.”

—Nadine, Middle East

Because of your generous giving in the Middle East . . .

- **93 refugee women and girls** received vocational training such as tailoring to keep them safe from being trafficked in forced and child marriages.
- **234 women in 16 She Is Safe Groups** received leadership skill development and access to group loans.

BECAUSE OF YOUR GENEROUS SUPPORT . . .

PREVENT



RESCUE



RESTORE



MIDDLE EAST

366 refugee girls developed leadership skills and were trained in trafficking and abuse prevention to protect them from being taken in child marriage.

INDIA

3,579 women in 234 She Is Safe Groups received income generating skills that help them be self-sustaining and less vulnerable to exploiters.

NEPAL

106 women and girls became less vulnerable to trafficking through the income generating animal husbandry program.

MYANMAR

704 women and teenagers in 50 She Is Safe Groups received life skills training, peer support, anti-trafficking and abuse awareness training.

UGANDA

75 women and teens gained leadership skills, lending and livelihood in 4 She Is Safe Groups.

SOUTH SUDAN

778 women and teens gained skills to start businesses to help protect their families in She Is Safe Groups.

INDONESIA

65,393 children and community members received training in abuse and trafficking prevention.

ACROSS THE COUNTRIES WHERE WE WORK:

- 6,130 women in She Is Safe Groups received skills to become self-sustaining and less vulnerable to exploitation.
- 14,531 children, teenagers and young women were set on a path to a future of freedom.
- 1,567 women were equipped to become leaders in their small groups and communities.
- 254 teenage girls delayed marriage by at least one year.



She Is Safe
FREE & EQUIPPED



INDIA

"I have a skin condition that people in my community are afraid is contagious, so their children aren't allowed to play with me. I have been isolated and so lonely for years, but I recently joined a Junior She Is Safe Group. In this group I have friends, and I know the leaders love me. They tell me how much God loves me, too, just as I am. I have also learned to sew, and now I can make cloth bags. My leaders teach me how to protect myself from abuse, and they help me with my education. I am not alone anymore."

— Aditi, 14, India

Look what you made possible in India . . .

- **17 girls** were rescued from being trafficked.
- **811 children** children at risk of trafficking and abuse were provided educational support, instruction in personal care and improved nutrition.
- **215 leaders** were equipped to help women start micro-enterprise She Is Safe Groups.
- **1,155 women** were equipped to become leaders in their small groups and communities.
- **26 girls** received shelter, counseling and vocational training or education so they can build self-sustaining lives of freedom.

MYANMAR

"I spent all my time gambling, neglecting my four children. They had to beg for food. Eventually my husband abandoned us after fighting with me all the time. I felt hopeless, but then women from a She Is Safe Group came to my home and showed me love. They invited me to join their group, and I did. All the women welcomed me. When I got a job washing clothes, they taught me how to save money. I have learned how to love my children and take care of them, and I recently took out a loan from the group to start my own business. Now my family can eat every day."

— Myat, Myanmar



You changed lives in Myanmar . . .

- **84 women** were equipped with vocational skills.



IN COMMUNITIES KNOWN FOR SELLING GIRLS

\$35 gives a girl one month of intervention.

As a RescueOne monthly partner, you can rescue her from sexual slavery, restore her afterward or prevent her from being sold in the first place.

Your monthly gift can offer

- safe haven in a restoration home
- vocational training for a new life of freedom
- income-generating alternatives for families that might otherwise sell their girls

When families begin to see what a gift girls are, they shift their thinking toward God's view of these image-bearers.

Visit sheissafe.org/rescueone to become a RescueOne monthly partner.

OUR VISION

Our vision is to see every at-risk girl safe, free and equipped to become the woman that God has created her to be.



Scan Here to
Become a RescueOne
Monthly Partner

You can rescue her from a life of slavery.

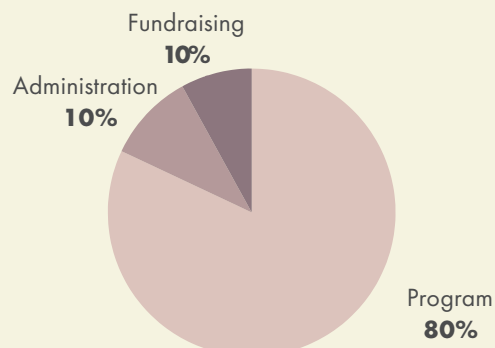


Your Legacy CAN CHANGE Her Future

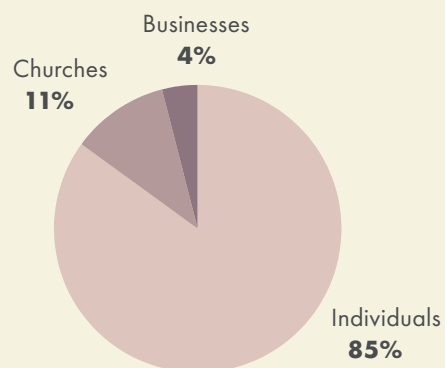
With a charitable gift annuity from National Christian Foundation to She Is Safe, you make a gift to change girls' futures and receive fixed annuity payments each year for the remainder of your life. The gift can be funded with cash (checks),

publicly traded securities, a qualified charitable distribution from an IRA, or other assets. To learn more, contact info@sheissafe.org.

2023 Financial Information



Expense: \$2,277,337



Contributions: \$1,932,297

THREE EASY WAYS TO GIVE NOW



GIVE BY MAIL

Return your gift with the enclosed reply form in the envelope provided.



GIVE BY TELEPHONE

You can also give your gift by calling **877-552-1402**.



GIVE ONLINE

Visit **www.ShelsSafe.org**.



She Is Safe
FREE & EQUIPPED

INDIA • INDONESIA • MIDDLE EAST/NORTH AFRICA • MYANMAR • NEPAL • SOUTH SUDAN • UGANDA

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